

TOP FIVE SURGICAL PROCEDURES

	PROCEDURE	LENGTH	SIDE EFFECTS	RISKS	RECOVERY	RESULTS	AVERAGE SURGEON/PHYSICIAN FEES*	
TOP FIVE SURGICAL PROCEDURES	NOSE RESHAPING (RHINOPLASTY)	Reshape nose by reducing or increasing size, removing hump, changing shape of tip or bridge, narrowing span of nostrils, or changing angle between nose and upper lip.	1 to 2 hours.	Temporary swelling, bruising around eyes and nose, headaches, some bleeding and stuffiness.	Infection; small burst blood vessels resulting in tiny, permanent red spots, incomplete improvement, requiring additional surgery.	Back to work: 1 to 2 weeks. More strenuous activity: 2 to 6 weeks.	Permanent.	\$2,947
	LIPOSUCTION (LIPOPLASTY)	Improve body shape by removing exercise-resistant fat deposits.	1 to 4 hours, depending on the amount of fat removed.	Temporary swelling, bruising, numbness, soreness and burning sensation.	Asymmetry, rippling or bagginess of skin, pigmentation changes, skin injury, fluid retention, lumpiness, infection, excessive fluid loss leading to shock.	Back to work: 1 to 2 weeks. More strenuous activity: 2 to 4 weeks. Full recovery from swelling and bruising: 1 to 6 months.	Permanent, with sensible diet and exercise.	\$2049 per site
	EYELID SURGERY (BLEPHAROPLASTY)	Correct drooping upper eyelids and puffy bags below the eyes by removing excess fat, skin and muscle.	1 to 3 hours.	Temporary discomfort, tightness of lids, swelling, bruising. Temporary dryness, burning, itchy eyes. Excessive tearing, sensitivity to light for first few weeks.	Temporary blurred or double vision, infection, bleeding, swelling at the corners of the eyelids, dry eyes, formation of whiteheads, slight asymmetry in healing or scarring, difficulty in closing eyes completely (rarely permanent), blindness (extremely rare).	Reading: 2 or 3 days. Back to work: 7 to 10 days. Contact lenses: 2 weeks or more. Strenuous activities: about 3 weeks.	Several years, sometimes permanent.	\$2,544
	BREAST AUGMENTATION (AUGMENTATION MAMMAPLASTY)	Enhance the size of breasts using saline implants.	1 to 2 hours.	Temporary soreness, skin wrinkling, palpability, swelling, change in nipple sensation, bruising, altered mammography. Breast sensitive to stimulation for first few weeks.	Bleeding, infection, thick wide scars, capsular contracture, implant rupture, deflation, asymmetry and unevenly positioned nipples. Permanent loss of feeling to the nipples and/or breasts (rare).	Back to work: 1 week to 10 days. More strenuous activity: 1 month. Fading of scars: several months to a year or more.	Permanent. Implants may deflate over time and require replacement.	\$3,043
	FACELIFT (RHYTIDECTOMY)	Improve sagging facial skin, jowls, and loose neck skin by removing excess fat, tightening muscles, redraping skin.	2+ hours.	Temporary swelling, bruising, numbness and tenderness of skin; tightness, dry skin.	Injury to nerves that control facial muscles or feeling, infection, bleeding, poor healing, excessive scarring, asymmetry or change in hairline.	Back to work: 10 to 14 days. More strenuous activity: 2 to 6 weeks.	5 to 10 years.	\$5,007
TOP FIVE NON-SURGICAL PROCEDURES	CHEMICAL PEEL	A chemical solution is applied to remove skin's damaged, wrinkled top layers, allowing new healthier skin to emerge.	1 to 2 hours for full face.	Temporary throbbing, tingling, burning, swelling, redness, flaking, acute sensitivity to sun.	Tiny whiteheads (temporary), infection, scarring, flare-up of skin allergies, fever blisters, cold sores, sun sensitivity.	New skin within 5 to 21 days depending on type of peel.	Variable.	\$516
	MICRO-DERMABRASION	Exfoliation with an instrument that blasts aluminum oxide particles to smooth lines, scars and wrinkles.	30 minutes to 1 hour.	Redness, swelling and sensitivity.	Swelling to sensitive skin.	Immediate.	Temporary, at least 3 years.	\$136
	BOTOX® INJECTION	Facial wrinkles are smoothed through injection of Botulinum toxin into muscles. The toxin blocks the nerve impulses, temporarily paralyzing the muscles that cause wrinkles.	10 minutes.	Mild discomfort, bruising, swelling at the injection site.	Allergic reaction, bruising, numbness, swelling.	Immediate.	Temporary, 3-6 months.	\$388 per injection
	COLLAGEN INJECTION	Wrinkles, lines and scars on the face are injected with collagen through a fine needle inserted at several points at the treatment site.	30 minutes.	Minor discomfort, redness, stinging or throbbing.	Allergic reaction, infection, skin peeling, scarring and lumpiness.	Immediate.	A few weeks, sometimes indefinitely.	\$333 per injection
	LASER HAIR REMOVAL	Hair is removed with a laser that destroys hair follicles.	1 to 2 hours.	Redness and blistering.	Temporary skin discoloration, permanent scarring.	Immediate.	Permanent with multiple sessions.	\$360 per session

*Fees do not include anesthesia, operating room facilities, or related expenses. Fees are averages only.

This chart is downloadable at www.plasticsurgery.org

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